

## Positive Alternatives 2016 - 17 Quarterly Update

**Grantee (Name and city):** Lakes Life Care Center, Forest Lake

**Contact:** Jill Wagner

**Phone and Email:** 651-464-0262 jillmarwagner@gmail.com

**Goal:** To Support, encourage and assist women in carrying their pregnancies to term, and to assist in caring for their babies after birth of the Forest Lake and surrounding communities.

**For the period/quarter:** April 1, 2017 – June 30, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Provide guidance to all grant staff Attend required grant meetings Hire and train volunteers and staff as needed Staff assessment Other staff administrative duties		We have hired 2 new teaching volunteers and have had current volunteers do an annual assessment of the program. Met with our male mentor to discuss the Dad's program. Ongoing discussions with nurses regarding our medical programs – forecasting for the future.	
<b>Outreach</b>	Advertising and publicity ventures Community education and contact activities Efforts at increasing capacity		Changed some of the venues our bathroom stall advertising was in, trying to reach our target audience. Spoke at the local Forest Lake Area Partnerships for Families group about our programs and services. Toured a 2 separate youth group from a local churches to share info about the center. Met with the new public health nurse in our area, to exchange info. We set up a plan to refer clients to each other.	

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Car Seat Program</b>	Activities: Provide car seat education, car seat installation and car seat distribution to	3	We have been referring clients to the Forest Lake Police Dept for help in this area. We have a car seat clinic coming up in April and will be providing several clients with carseats and training.	0
<b>Parenting Education</b>	<p>Program name: <b>Earn While You Learn and Parent Support Group</b></p> <p>Activities: Earn While You Learn and parenting support groups:</p> <p>Some topics include: Infant care, Discipline, Happiest Baby, Finding appropriate Child Care, Insurance needs, budgeting, bonding with your child, benefits of breastfeeding</p> <p>Provide incentives for participation – diapers, wipes, formula, baby clothes &amp; equipment and maternity clothing.</p>	30	Some popular topics for our parenting moms were; Your developing baby, Discipline teaching limits with love, Newborn care, Life with toddler and understanding your baby's cry. Clients have been very interested and invested in their classes. Instructors are reporting that most are bringing back their homework from their sessions.	44
<b>Pregnancy Education</b>	<p>Program name: Earn While You Learn and Parent Support Group</p> <p>Activities: Earn While You Learn, parenting support classes:</p> <p>Some topics include Prenatal classes (as a learning activity, not prenatal medical care), Childbirth education classes, Smoking cessation, Alcohol/drug cessation, Prenatal nutrition, Your developing baby, Ultrasounds, Reducing the risk of SIDS</p>	30	We have had 3 new pregnant clients join our prenatal Earn While You Learn classes. One of the new clients was abortion minded when she came to us initially for a pregnancy test. She is now doing well in her classes and is scared but looking forward to parenting. She has since found more family members who are willing to support her in this decision.	36

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Provide Necessary Services to all clients</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	3	We provide assessment on all clients we see, most of which will utilize our program services in some way. In the last quarter we have given outside referrals for: Baby Blanket, Community Helping Hand, Food Shelf, workforce center, and MN Sure. We keep an updated referral list and visit social service agencies before we add them to the list.	18
<b>Provide Necessary Services Assessments Only</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	3	Most clients that come in for help are also receiving help with in our program. Through coming to classes, ultrasound, etc...we are able to provide them with the necessary services that they need and are available in our area.	4

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
---------------------	---	-----------------	--	--------------

Maternal and Child Health Initiative Task Force Strategies				No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>				0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>				0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>				3
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>				3
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>				0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>				3
<b>Ultrasound</b>	Activities: Limited Obstetrical Ultrasounds, client assessment, intake and counseling	12	Nurses have been reporting that most clients that are coming for ultrasounds are interested in attending classes. Over half of the clients that have had an ultrasound have attended at least one Earn While You Learn class.	16

**Challenges:** We are still having issues with clients making appointments and not showing up. While we cannot do much about new clients who do not show up after making an online appointment we have instituted some guidelines for existing clients. New expectations for our Earn While You Learn program include; notifying the center at least one hour in advance if you are unable to attend your scheduled visit and failure to do this 3 times in a 6 month period could result in being removed from the program. Each client will be handled on a case by case basis. We are trying to instill some responsibility in the clients so they see value in the program they are attending. Failure to attend classes does not affect how many points a client has earned to shop in our Baby Boutique.

**Comments:**